



### **President's Message**

It looks like a banner year for the Joslyn Adult Recreation Center. Dues are flowing in, and the members are singing, dancing, fishing, bowling, investing, playing cards, practicing tai chi, and other great activities. Make the most of your Center membership and encourage friends and neighbors to join the fun. The more the merrier.

## **Club Messages:**

### **Bridge Club**

Learning bridge is beneficial for cognitive health, social connection, and developing critical life skills like logic, planning, and teamwork, offering a fun, engaging challenge that exercises the brain and fosters partnerships, making it a rewarding hobby for all ages. It's a social game that's intellectually stimulating, potentially reduces risk of dementia, and provides an immersive escape from daily chaos.

- Refresher/Learning/Fun Bridge:
  - Tuesdays: 1:30 p.m. – 4:00 p.m.
- Partners Bridge:
  - Thursdays: 6:00 p.m. to 9:00 p.m.
- Duplicate Bridge:
  - 2nd and 4th Wednesdays
  - 1:00 p.m. – 4:00 p.m.

Contact Deanna Straugh (310) 995-0744, and she will direct you to the right place.

### **Dance Club**

Cambria Dance & Social Club Days of Wine and Roses.

February seems like the perfect month to remember the days of wine and roses. So, let's laugh and run away like a child at play... Join us at the Joslyn for an evening of live music, movement, and a delicious potluck dinner on Wednesday, February 25th from 5:30–8:00 pm. Whether you're a seasoned dancer or simply curious, all are welcome — singles and couples alike. No special dance skills required — just a spirit of joy! Dress is casual and comfortable.



♪ What to Expect: Live music to lift your spirits and move your feet. A delicious potluck feast and a warm welcoming community.

👉 First-Time Guests: Please bring your own plates, utensils, glasses, and a beverage of your choice. Water and coffee will be provided.

✉️ RSVP: Let us know if you can join us and what you'd like to bring to the potluck by emailing Pat Burbank at [patburbank@att.net](mailto:patburbank@att.net)

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### **Fishing Club**

Cambria Fishing Club ends 2025 fishing season with Jackpot winning Lingcod caught by Don Sather



### **Investment Club**

The Joselyn Investment Club currently has 18 members, but 2 member openings are coming up, and there is interest from others to fill those openings. So far in 2026, the Club is in the green and looking for a profitable year.

If anyone has an interest in joining the JIC you can call me, Jim Tuttle, at 559-269-0313.

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### **Poker Club**

We meet every Thursday evening at 6:15pm for DEALER'S CHOICE POKER in the Conference Room.

We also have a tournament once a month. This month it will be on Saturday February 7, at 6:15pm in the Main Hall. The game for the tournament will be Omaha 8.

Join us for fun & competitive poker in Cambria and keep your brain active! Questions? Contact Manya 805.927.5000 cell/text.

### **Spirit and Dance Club**

The Spirit Dance and Drum Club will hold our monthly Full Moon Drum Circle on Monday, February 2nd. We will be starting at 6:30 p.m. All the usuals apply: bring your own drum if you have one, and if not, drums will be provided; no experience necessary; and kindly make a donation to the Joslyn Center.

Next month the Full Moon Drum Circle will be held on March 2<sup>nd</sup>, starting at 6:30.